## GONG JOURNEYWORK PERSONAL WISDOMING PROCESS

## "Unleash The Guru In You."

- Experience deep relaxation and healing.
- Release tension and overcome mental/emotional blocks.
- Access wisdom for insight, guidance, and personal growth.
- Reconnect with your true purpose and potential.

"We have forgotten the age old fact that God speaks chiefly through dreams and visions."
-C.G. Jung

Gong Journeywork™ is a self-revelatory process of deep relaxation and exploration of awareness beyond the ego-conscious mind. Combining elements associated with ancient and modern trance-formational practices, it allows us to access deeper realms of consciousness where insight, intuition, and knowing become available to help guide us towards true health, happiness, and well-being.

## DATE & TIME: LOCATION:

\*Space for this workshop is limited. Participants should also bring a journal or notebook and pillows/blankets/yoga mats to lie comfortably on the floor.

Rev. Todd Glacy, M.S. is an Enlightenment Advocate, Empowerment Coach, and Instigator of Joy. He travels extensively as a speaker, musician, and workshop facilitator sharing transformational experiences to inspire and empower people to connect with their most authentic selves in order to live lives of purpose, passion, and true happiness. Learn more at:

www.SacredSoundAndLiving.com